





Actimove Sling (2 Rolls x 12m)

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Actimove Sling on a Roll (2 Rolls x 12m) is tubular arm sling fabric supplied on a 12-metre roll. Paramedics, clinics and ambulance services cut the sling to fit each patient, allowing custom-length immobilisation of broken arms, dislocated shoulders and post-surgical immobilisation. Two rolls per pack.

Details

What is the Actimove Sling on a Roll (2 Rolls x 12m)?

Actimove Sling on a Roll is tubular arm sling fabric supplied on a continuous 12-metre roll, allowing the user to cut the sling to fit each patient. The 2-roll pack (24m total) is the standard supply size for ambulance services, GP clinics, urgent care, sports medicine and workplace first aid stations. The cut-to-fit design accommodates paediatric, adult and large-frame casualties.

Who uses Actimove Sling on a Roll

- Australian state ambulance services.
- GP clinics and urgent care.
- Hospital emergency departments.
- Sports medicine clinics.
- School and childcare first aid rooms.
- Workplace first aid stations.



- Aged care and rehabilitation facilities.

Key features

- **Tubular construction** - slips smoothly over the arm without bunching.
- **Cut to fit** - tailor each sling to the patient.
- **12m continuous roll** - 12-15 typical adult slings per roll.
- **2 rolls per pack** - 24m total supply.
- Soft cotton-blend fabric for patient comfort.

How to apply

1. Measure required sling length from the affected hand, around the neck, back to the shoulder.
2. Cut the tubular fabric to the measured length plus 10cm for securing.
3. Slip the patient's arm through the tubular sling.
4. Bring the open ends up and around the neck on the unaffected side.
5. Tie or pin firmly with the wrist elevated above the elbow.
6. Pad the neck contact area if rubbing.

When to use a sling

- Suspected fracture of the arm, wrist or shoulder.
- Dislocated shoulder or elbow.
- Post-surgical arm immobilisation.
- Soft-tissue injury requiring elevation.
- Pain relief from upper limb injuries.

For complete fracture and sprain first aid see our [splints and fracture first aid guide](#).

Related products

- [Sports and soft-tissue kits](#) - complete strapping and immobilisation supplies.
- [First aid kits](#) - for full workplace stocking.

Frequently asked questions

How do you use an Actimove Sling on a Roll?

Measure the length needed from the patient's affected hand around the neck and back to the shoulder. Cut the tubular sling from the roll with scissors. Slip the patient's arm through and adjust at the shoulder for the right elevation - typically with the wrist higher than the elbow. Tie or pin at the shoulder to secure. Many users add a clinch pad at the neck to prevent rubbing.



What sizes does the sling on a roll come in?

Each pack contains 2 rolls of 12 metres each, giving 24m total. Tubular fabric width is approximately 5cm laid flat, expanding when slipped over an arm. Cut to length per patient - typically 80cm for paediatric, 100-120cm for adult.

Is Actimove Sling on a Roll reusable?

Each cut length is single-patient use. Cut a fresh length for each casualty - reusing slings between patients carries cross-infection risk. The roll itself can supply many slings over time. Store the unused roll in its original packaging to keep it clean and dry.

Where is the Actimove Sling on a Roll used?

Australian state ambulance services, GP clinics, urgent care, sports medicine clinics, school first aid rooms and workplace medical stations all use the 12m roll format. The cut-to-fit approach is preferred where pre-cut sling sizes won't suit every casualty.

Sources: [healthdirect.gov.au — Sprains and strains](https://www.healthdirect.gov.au/sprains-and-strains), [St John Ambulance — Fractures and sprains](https://www.stjohn.org.au/fractures-and-sprains).

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