




BASIC LIFE SUPPORT

Danger

CHECK FOR DANGER
Remove hazards to self, to casualty, to others


Response

CHECK FOR RESPONSE
Squeeze shoulders and shout "Are you OK?"
If responsive, leave in comfortable position and monitor




Send for help

If unresponsive, **SEND FOR HELP**
CALL "000"




Airways

CHECK AIRWAYS
If required, roll casualty onto side
Use fingers to clear airway
To open airway, support jaw and tilt head



Breathing

CHECK BREATHING
Look, listen, feel
If breathing normally, place in recovery position and monitor




CPR

If not breathing normally, **COMMENCE CPR**
30 compressions: 2 breaths, if willing and able
Rate of 100 per minute
Adults/Children 2 hands, up to 1/3 depth of chest
Infants 2 fingers, up to 1/3 depth of chest
Continue until responsive or breathing normally



Defibrillation

ATTACH DEFIBRILLATOR
Early defibrillation greatly increases a casualty's chance of survival
If a defibrillator is available, attach as soon as possible and follow its prompts



The information contained in this poster is recommended for workplace related emergencies. It is no substitute for formal instruction.

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AEROGUIDE CPR Wall Chart

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CPR Wall Chart

A CPR wall chart detailing the most up to date DRSABCD emergency response procedure for vital signs



More Information

MANUFACTURER_MS	Germany
MODEL NUMBER_MS	K61SD521
ECOLABEL_MS	yes