



**ALPHA**  
First Aid Supplies  
First Aid Training

## Bites, Stings and Poisoning

**SNAKE BITE**

- Rest and reassure
- Keep under constant supervision
- Commence Resuscitation if necessary
- Apply Pressure Immobilisation Technique
- Contact Emergency Services
- DO NOT use an arterial tourniquet

**RED-BACK/WHITE-TAILED SPIDER BITE**

- Rest and reassure
- Apply an ice compress
- Elevate the bitten limb
- Contact Emergency Services

**ALL OTHER SPIDER BITES**

- Rest and reassure
- Apply Pressure Immobilisation Technique
- Commence Resuscitation, if required
- Contact Emergency Services

**PRESSURE IMMOBILISATION TECHNIQUE**

**BOX/IRUKANDJI JELLYFISH**

- Commence Resuscitation if necessary
- Douse the affected area with vinegar (enough to wash the tentacles off the skin completely)
- Contact Emergency Services
- Apply cold packs for pain relief
- Lie down at total rest

**ALL OTHER JELLYFISH**

- Stop victim rubbing stung area
- Pick off tentacles
- Apply cold packs for pain relief
- If pain unrelieved within 10-15 min, seek medical advice

**INSECT BITES/STINGS**

- Rest and reassure
- Apply an ice compress
- Elevate the bitten limb
- If an allergic reaction, use Pressure Immobilisation Technique and seek urgent medical assistance
- Commence Resuscitation if necessary

**FISH STINGS**

- Place the stung area in Hot Water (as hot as can be tolerated on unaffected skin).
- Contact Emergency Services

**POISONS INFORMATION CENTRE**  
13 11 26

**CONTACT EMERGENCY SERVICES 000 ( OR 112 MOBILE )**

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Country Freecall: 1800 647 400 Email: info@alphafirstaid.com.au

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## Bites & Stings Poster A3 Laminated

**\$20.87**

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Only **1000** left  
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