



Pinetarsol solution - 500ml

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Pinetarsol Solution 500ml is a traditional pine-tar bath solution used to relieve itching, redness and inflammation from eczema, psoriasis, dermatitis and other irritated skin conditions. Added to a warm bath, it soothes and softens irritated skin across the whole body.



Details

What is Pinetarsol Solution 500ml?

Pinetarsol is a pine-tar-based liquid bath solution used to relieve the itching, redness and inflammation of eczema, psoriasis, dermatitis and similar skin conditions. Pine tar has been used in dermatology for over 100 years - it reduces itch, slows the excessive skin-cell turnover seen in psoriasis, and softens scaly patches. The 500ml size suits regular family use.

Pinetarsol uses

- Eczema and atopic dermatitis baths.
- Psoriasis itching and scaling.
- Seborrhoeic dermatitis.
- Pityriasis rosea.
- Contact dermatitis (when known triggers are unavoidable).
- Generalised itchy skin and prickly heat.

Active ingredient

- **Pine Tar** - long-standing anti-itch, anti-inflammatory and keratolytic (softens scale).
- Surfactant base for easy dispersion in bath water.
- Suitable for the whole body including the scalp.

How to use Pinetarsol

Add 15-30ml of Pinetarsol solution to a comfortable lukewarm (not hot) bath. Swirl to mix. Soak for 10-15 minutes, then pat dry with a soft towel. Do not rinse off. Apply a fragrance-free moisturiser such as QV Cream within 3 minutes of getting out to lock in hydration.

Use 2-3 times weekly for maintenance, daily during flares. Pinetarsol Gel is the leave-on version for spot treatment of localised areas between baths.

Pinetarsol bath tips

- Use lukewarm water - hot water makes eczema and psoriasis itching worse.
- Keep baths to 15 minutes maximum.
- Do NOT use soap or bubble bath in a Pinetarsol bath - it cancels the effect.



- Pat skin dry, don't rub.
- Moisturise within 3 minutes for the "soak and seal" effect dermatologists recommend.

Warnings and precautions

- For external use only.
- Avoid contact with eyes.
- Pine tar can stain light-coloured fabrics, tile grout and bath surfaces - rinse the bath after use.
- If skin irritation, photosensitivity or worsening occurs, stop use and see your doctor.
- Test on a small area first if you have very sensitive skin.

Who should use Pinetarsol Solution?

Pinetarsol Solution is a pine-tar bath additive for adults and children with itchy, inflamed skin — from eczema, dermatitis, psoriasis, hives, heat rash, sunburn, chickenpox and insect bites. It is soap-free and added to a bath to soothe widespread itch. The 500ml bottle is the value size for regular bathers.

Frequently asked questions

Does Pinetarsol stain the bath or skin?

Pine tar is dark brown and can stain light towels, clothing and grout. Rinse the bath after use. On skin, any residual tinting washes off within a few hours - no permanent staining.

Can I use Pinetarsol for psoriasis?

Yes. Pine tar is one of the longest-standing topical psoriasis treatments. It reduces excessive skin-cell turnover, softens scaly plaques and relieves itch. Combine with prescribed steroid creams for best results.

Is Pinetarsol safe for children?

Yes. Pinetarsol is widely used in Australian paediatric dermatology for childhood eczema. Use half the adult dose (10-15ml) in a child-sized bath. For infants under 6 months, consult your doctor first.



What is the difference between Pinetarsol Solution and Pinetarsol Gel?

Solution is bath-additive for whole-body soaking. Gel is leave-on for localised itchy patches between baths. Many users keep both.

What is Pinetarsol Solution used for?

Relieving itching and redness from eczema, dermatitis, psoriasis, hives, heat rash, sunburn, chickenpox and insect bites.

How do I use Pinetarsol in the bath?

Add 15–30mL to a warm (not hot) bath — about 5mL for a baby's bath — and soak for 5–10 minutes once daily. Do not add soap or bubble bath. Pat dry and moisturise afterwards.

Why does it sting, and how do I stop it?

Use lukewarm (not hot) water, as heat can aggravate the itch. If stinging persists or the skin worsens, stop and see your doctor. Test a small area first if your skin is very sensitive.

Pinetarsol Solution or Gel — which do I need?

The Solution is added to a bath to soothe all-over itch; the Gel is a soap-free wash for the shower or targeted areas. Choose based on how you bathe.

Does Pinetarsol stain?



Pine tar can stain light fabrics and bath surfaces, so rinse the bath after use. Any tint on the skin washes off within a few hours.

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