




## BASIC LIFE SUPPORT

**Danger**

**CHECK FOR DANGER**  
Remove hazards to self, to casualty, to others


**Response**

**CHECK FOR RESPONSE**  
Squeeze shoulders and shout "Are you OK?"  
If responsive, leave in comfortable position and monitor




**Send for help**

If unresponsive, **SEND FOR HELP**  
**CALL "000"**




**Airways**

**CHECK AIRWAYS**  
If required, roll casualty onto side  
Use fingers to clear airway  
To open airway, support jaw and tilt head



**Breathing**

**CHECK BREATHING**  
Look, listen, feel  
If breathing normally, place in recovery position and monitor




**CPR**

If not breathing normally, **COMMENCE CPR**  
30 compressions: 2 breaths, if willing and able  
Rate of 100 per minute  
Adults/Children 2 hands, up to 1/3 depth of chest  
Infants 2 fingers, up to 1/3 depth of chest  
Continue until responsive or breathing normally



**Defibrillation**

**ATTACH DEFIBRILLATOR**  
Early defibrillation greatly increases a casualty's chance of survival  
If a defibrillator is available, attach as soon as possible and follow its prompts



The information contained in this poster is recommended for workplace related emergencies. It is no substitute for formal instruction.

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# AEROGUIDE CPR Wall Chart

## 21 x 29.7cm

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### Details

**Size:** A4

**Pricing Unit:** unit/1

**Carton QTY:** 200

### CPR Wall Chart

A CPR wall chart detailing the most up to date DRSABCD emergency response procedure for vital signs



### More Information

<b>MANUFACTURER_MS</b>	Germany
<b>MODEL NUMBER_MS</b>	K61SD521
<b>ECOLABEL_MS</b>	yes