



Sebitar - 250ml

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Sebitar 200ml is a coal-tar medicated shampoo for the relief of scalp psoriasis, seborrhoeic dermatitis, persistent dandruff and itchy flaky scalp conditions. Coal tar is a long-standing dermatology treatment that slows the excessive skin-cell turnover behind scalp psoriasis and reduces itch.



Details

What is Sebitar 200ml?

Sebitar is an Australian coal-tar medicated shampoo formulated for the relief of scalp psoriasis, seborrhoeic dermatitis, persistent dandruff and other itchy flaky scalp conditions. Coal tar has been used in dermatology for over 100 years - it slows the excessive skin-cell turnover characteristic of psoriasis, reduces itch, and softens scaly plaques on the scalp.

Sebitar uses

- Scalp psoriasis - reduces thick scaly plaques and itch.
- Seborrhoeic dermatitis - reduces yellow greasy scaling.
- Persistent dandruff that doesn't respond to standard shampoos.
- Itchy flaky scalp from various causes.
- Maintenance therapy after dermatologist-prescribed treatments clear acute flares.

Active ingredient

- **Coal Tar Solution** - long-standing anti-itch, anti-inflammatory and keratolytic (softens scale) ingredient.
- Gentle shampoo base that lathers and rinses cleanly.



- Suitable for the scalp and behind the ears.

How to use Sebitar

1. Wet hair thoroughly.
2. Apply enough Sebitar to lather well across the entire scalp.
3. Massage gently into the scalp for 1-2 minutes.
4. Leave on the scalp for 3-5 minutes to allow coal tar to act.
5. Rinse thoroughly with warm water.
6. Use 2-3 times per week for active conditions; once weekly for maintenance.
7. Follow with a regular conditioner if hair feels dry.

Tips for best results

- Use dark-coloured towels and pillowcases on Sebitar nights.
- Alternate with a regular shampoo on non-Sebitar days.
- If scalp is very inflamed, apply a thin layer of Sebitar to the scalp before getting into the shower, wait 10 minutes, then wet and lather as usual.
- Combine with a fragrance-free conditioner like QV Cream if scalp is also dry.

Warnings and precautions

- For external use only - avoid contact with eyes and broken skin.
- Coal tar can cause photosensitivity - avoid prolonged sun exposure for 24 hours after use.
- Discontinue use if irritation, redness or worsening occurs.
- Not recommended during pregnancy without medical advice.
- Keep out of reach of children. Store below 25 degrees Celsius.

Frequently asked questions

How often should I use Sebitar coal tar shampoo?

Use Sebitar 2 to 3 times per week for active scalp psoriasis or seborrhoeic dermatitis. Once symptoms improve, reduce to once weekly for maintenance. Massage into wet hair, leave on the scalp for 3-5 minutes, then rinse thoroughly. Alternate with a gentle regular shampoo on non-Sebitar days.

Does Sebitar stain hair or fabric?

Coal tar is dark brown and can lightly tint light-coloured (blonde or grey) hair temporarily and stain light-coloured towels, pillowcases and bath surfaces. Use dark-coloured towels and pillowcases on



treatment nights. The hair tint washes out with subsequent shampoos.

Can Sebitar be used during pregnancy?

Sebitar contains coal tar which is generally avoided during pregnancy because of theoretical risks from absorbed compounds. If you have scalp psoriasis during pregnancy, talk to your doctor about pregnancy-safe alternatives such as ketoconazole shampoo or mild topical steroids. Discuss any continuing use with your obstetrician.

How long does it take Sebitar to work?

Most users notice reduced itch and flaking within 1-2 weeks of regular use. Full effect on scalp psoriasis plaques and seborrhoeic dermatitis takes 3-4 weeks. Continue regular use after symptoms clear - stopping completely usually causes the condition to return within weeks.

Sources: healthdirect.gov.au — *Psoriasis*, *Psoriasis Australia*.