



ABC First Aid Guide including
Apply First Aid, Perform CPR,
Basic Emergency Life
Support and Asthma and
Anaphylaxis Guide

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Details

Covers all topics in the Nationally Accredited Apply First Aid Course:

- Provide First Aid
- Provide Basic Emergency Life Support
- Provide CPR
- Follows the latest ARC Guidelines
- Foldout World Map of International Emergency Numbers
- Handy tear out First Aid Report Form
- Each topic is covered on one or two adjacent pages
- Photos and illustrations throughout
- Designed for Australian conditions



Written by: Dr Audrey Sisman

Important

You must not rely on the information on this site as an alternative to medical advice from your medical physician or other qualified healthcare provider. Consult your healthcare provider immediately if you think that you may have a medical emergency or for the diagnosis and treatment of injuries. Always seek the advice of your physician or other qualified healthcare provider before starting any new treatment or with any questions that you may have regarding a medical condition or injury.

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